

**RELEASE, WAIVER AND ASSUMPTION OF RISK AGREEMENT**

I understand and acknowledge that participation in the sport of lacrosse (the "Activity") may result in injury. I understand that there are risks involved in the use of any equipment used for the Activity, including but not limited to, sticks, helmets, and other equipment (the "Equipment"), and that injuries may occur as a result of my use of the Equipment. In recognition of the inherent risks of the Activity which I and any minor children for whom I am responsible, will engage in, I confirm that I am (we are) physically and mentally capable of participating in the Activity and/or using the Equipment. I/We participate willingly and voluntarily and assume full responsibility for personal injury, accidents, or illness, including death. I also assume responsibility for damage to or loss of personal property as the result of an accident.

I assume the risk(s) of personal injury, accidents and/or illness, and acknowledge that during the Activity I/we may experience fatigue and/or other issues that may increase the risk of an injury.

I hereby authorize all medical treatment deemed necessary in the event of any injury while participating in the Activity. I either have appropriate insurance or, in its absence, agree to pay all costs of rescue and/or medical services as may be incurred on my/our behalf.

I acknowledge that during the course of the Activity, 13 Mile Lacrosse Club may take my photograph or video. I hereby grant 13 Mile Lacrosse Club permission to use any such photograph or video of myself and/or my minor children in materials promoting 13 Mile Lacrosse Club. Such use may include publication in program, general advertising, posters, flyers, television and any other media that may be distributed or shown to or otherwise seen by large numbers of individuals and potential patrons of 13 Mile Lacrosse Club. I waive all rights to any financial remuneration of any kind.

In consideration of the Activity provided, I, for myself and any minor children for whom I am parent, legal guardian or otherwise responsible, and my heirs, personal representatives or assigns, do hereby waive, release, discharge, hold harmless, and indemnify **13 Mile Lacrosse Club, LLC**, any related entities, and their members, managers, agents, employees, and volunteers (the "Releasees"), from any and all liability, claims, cause(s) of action, present or future, and waive any claims for economic damages, personal injury damages, emotional distress damages and all other damages arising from my participation in the Activity, even if they arise from or are increased as a result of the negligence of the Releasees.

**I HAVE HAD SUFFICIENT OPPORTUNITY TO READ THIS ENTIRE AGREEMENT. I UNDERSTAND IT AND AGREE TO BE BOUND BY ITS TERMS. I UNDERSTAND THAT BY SIGNING THIS DOCUMENT, I MAY BE WAIVING VALUABLE LEGAL RIGHTS.**

\_\_\_\_\_  
Print Name of Participant

\_\_\_\_\_  
Participant Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
U.S. Lacrosse membership #

**MINOR PARTICIPANTS**

***Parent or Guardian must complete for participants under the age of 18***

This is to certify that I, as the parent/legal guardian with legal responsibility for this participant, do consent and agree to all the terms of this Waiver and Release of Liability. For myself, my heirs, assigns, personal representative and next of kin, I hereby release and agree to indemnify and hold harmless the Releasees from any and all liabilities arising out of my minor child's participation in the Activity, even if they arise from or are increased as a result of the negligence of the Releasees.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date